### Contra Costa County

### **Economic Opportunity Council**

## **PUBLIC HEARINGS**

Every two years, the Contra Costa County Economic Opportunity Council (EOC) is required to hold public hearings to gather information on priority needs of our low-income population.

Comments from the public are used to inform the County's Community Action Plan and determine how Community Services Block Grant dollars are spent.

Tuesday, April 16, 2019

11:00 AM - 12:30 PM

\$t. Vincent de PaulFree Dining Room &

Family Resource Center

2210 Gladstone Drive,
Pittsburg, CA 94565

Wednesday, April 17, 2019
6:00 PM - 7:00 PM
500 Ellinwood Way

Room A&B

Pleasant Hill, CA 94523



\*Join us for light refreshments and networking.

For more information contact: Mele Tupou at 925.681.6311 or email <a href="mailto:mtupou@ehsd.cccounty.us">mtupou@ehsd.cccounty.us</a>.

Visit us at: http://ehsd.org/headstart/community-action/eoc-members/







Any disclosable public records related to an open session item on a regular meeting agenda and distributed by Community Services Bureau to a majority of members of the Head Start Policy Council less than 72 hours prior to that meeting are available for public inspection at: 3068 Grant St. Bldg. 8, Concord, CA 94520 during normal business hours. (Gov. Code, section 54957.5(b) (21)

#### Agenda

Group/Meeting Name: CSB Policy Council Meeting

Date: April 17, 2019 Time: 7:00-8:00 PM

Location: 500 Ellinwood Way, Pleasant Hill, CA

Meeting Leader: Veronica Gutierrez

Purpose: Conduct Regular Monthly Meeting

The Community Services Bureau of Contra Costa County will provide reasonable accommodations for persons with disabilities planning to participate in Policy Council meetings or Subcommittee meetings. Please contact PC Staff at least 48 hours before the meeting at (925) 646-5595.

Persons who wish to address the CSB Policy Council during public comment or with respect to an agenda item, will be limited to two minutes.

#### **Desired Outcome:** By the end of this meeting, we will have:

Agreement on desired outcomes and ground rules so that our meeting is productive.

Parent Recognition of Staff Excellence Award presentation to validate employee dedication and uniqueness while working with children and families.

An ice breaker to open communication and build connection among Policy Council members.

An understanding of monthly updates and approvals to ensure ongoing communication and necessary actions take place for seamless program operation.

An update of the first DRDP assessment results and school readiness goals so that families are aware of overall agency goals and progress towards children's preparedness for their next school experience.

An understanding of subcommittee updates so that representatives are informed of subcommittee discussions and outcomes.

An understanding of Site Reports so that we may celebrate our children, families, and staff's copartnering efforts to build partnerships and community.

Announcements so that we may be informed of Bureau news and available community resources.

A Meeting Evaluation so that we may review our strengths and make any improvements as needed.

	Agenda		
What (Content)	How (Process)	Who	<b>Time</b> (Minutes)
Review Desired Outcomes	Present Clarify Check for understanding	Emma Duran	2 Minutes
Meeting Ground Rules	Present Clarify Check for understanding	Delphine Smith	1 Minute
Public Comment	Present	Member of the Public	1 Minute
Correspondence	Present Clarify	Katie Cisco	1 Minute
Administrative Reports:	Present Clarify Check for understanding	Camilla Rand Katharine Mason Haydee Ilan	20 Minutes

Report:  • 1 <sup>st</sup> DRDP Child Outcomes & School Readiness Report	Present Clarify Check for understanding	Education Team	20 Minutes
Report:  • Subcommittee Updates	Present Clarify Check for understanding	Subcommittee Leads	5 Minutes
Action:  Consider Approval of March 20, 2019 Policy Council Minutes	Present Clarify Check for understanding Check for Agreement	Veronica Gutierrez	3 Minutes
Site Reports	Present Clarify Check for Understanding	Site Representatives	3 Minutes
Announcements	Present Clarify Check for Understanding	Ana Araujo	3 Minutes
Meeting Evaluation	Plus/Delta	Volunteer	1 Minute

## Enrollment and Attendance Report to Policy Council March 2019

#### **Enrollment:**

- HS 100.44%
- EHS 102.57%
- EHS-CCP 100%
- EHS-CCP2 -101.05%

#### Attendance:

- HS 82.54%
- EHS 79.50%
- EHS-CCP 92.51%
- EHS-CCP2 80.2%

#### Informe de Inscripción y Asistencia al Consejo de Políticas Marzo 2019

#### Inscripción:

- HS 100.44%
- EHS 102.57%
- EHS-CCP 100%
- EHS-CCP2 -101.05%

#### Asistencia:

- HS 82.54%
- EHS 79.50%
- EHS-CCP 92.51%
- EHS-CCP2 80.2%

Report:  • 1 <sup>st</sup> DRDP Child Outcomes & School Readiness Report	Present Clarify Check for understanding	Education Team	20 Minutes	
Report:  • Subcommittee Updates	Present Clarify Check for understanding	Subcommittee Leads	5 Minutes	
Action:  • Consider Approval of March 20, 2019 Policy Council Minutes	Present Clarify Check for understanding Check for Agreement	Veronica Gutierrez	3 Minutes	
Site Reports	Present Clarify Check for Understanding	Site Representatives	3 Minutes	
Announcements	Present Clarify Check for Understanding	Ana Araujo	3 Minutes	
Meeting Evaluation	Plus/Delta	Volunteer	1 Minute	

# CONTRA COSTA COUNTY COMMUNITY SERVICES BUREAU HEAD START PROGRAM - AS OF FEBRUARY 2019 JANUARY - DECEMBER 2019 EXPENDITURES

DESCRIPTION		February TD Actual	Total Budget	l	Remaining Budget	17% %YTD
a. PERSONNEL	\$	729,881	\$ 4,302,643	\$	3,572,762	17%
b. FRINGE BENEFITS		465,592	2,746,259		2,280,667	17%
d. EQUIPMENT		-	24,000		24,000	0%
e. SUPPLIES		33,043	235,500		202,457	14%
f. CONTRACTUAL		58,793	2,650,628		2,591,835	2%
g. CONSTRUCTION		-	-		-	0%
h. OTHER		191,099	5,761,049		5,569,950	3%
I. TOTAL DIRECT CHARGES	\$	1,478,409	\$ 15,720,079	\$	14,241,670	9%
j. INDIRECT COSTS		107,368	903,555		796,187	12%
k. TOTAL-ALL BUDGET CATEGORIES	<u>\$</u>	1,585,777	\$ 16,623,634	\$	15,037,857	10%
In-Kind (Non-Federal Share)	<b>\$</b>	396,444	\$ 4,155,909	\$	3,759,464	10%

# CONTRA COSTA COUNTY COMMUNITY SERVICES BUREAU EARLY HEAD START PROGRAM - AS OF FEBRUARY 2019 JANUARY - DECEMBER 2019 EXPENDITURES

DESCRIPTION	ebruary D Actual	Total Budget	F	Remaining Budget	17% % YTD
a. PERSONNEL	\$ 40,401	\$ 241,295	\$	200,894	17%
b. FRINGE BENEFITS	23,038	136,908		113,870	17%
d. EQUIPMENT	-	-		-	0%
e. SUPPLIES	167	17,300		17,133	1%
f. CONTRACTUAL	49,050	1,284,300		1,235,250	4%
g. CONSTRUCTION	-	-		-	0%
h. OTHER	 189,365	1,897,915		1,708,550	10%
I. TOTAL DIRECT CHARGES	\$ 302,021	\$ 3,577,718	\$	3,275,697	8%
j. INDIRECT COSTS	 7,441	50,672		43,231	15%
k. TOTAL-ALL BUDGET CATEGORIES	\$ 309,462	\$ 3,628,390	\$	3,318,928	9%
In-Kind (Non-Federal Share)	\$ 77,365	\$ 907,098	\$	829,732	9%

## CONTRA COSTA COUNTY COMMUNITY SERVICES BUREAU

# EARLY HEAD START- CC PARTNERSHIP #1- AS OF FEBRUARY 2019 JULY 1, 2018 - JUNE 30, 2019 Expenditures

			Total	F	Remaining	67%
DESCRIPTION	Y٦	TD Actual	Budget		Budget	% YTD
a. PERSONNEL	\$	273,707	\$ 297,675	\$	23,968	92%
b. FRINGE BENEFITS		162,115	206,426		44,311	79%
c. TRAVEL		-	-		-	0%
d. EQUIPMENT		-	-		-	0%
e. SUPPLIES		8,075	6,900		(1,175)	117%
f. CONTRACTUAL		220,845	467,260		246,415	47%
g. CONSTRUCTION					-	0%
h. OTHER		45,303	74,699		29,396	61%
I. TOTAL DIRECT CHARGES	\$	710,045	\$ 1,052,960	\$	342,915	67%
j. INDIRECT COSTS		93,875	66,120		(27,755)	142%
k. TOTAL-ALL BUDGET CATEGORIES	\$	803,920	\$ 1,119,080	\$	315,160	72%
In-Kind (Non-Federal Share)	<b>\$</b>	185,255	\$ 279,770	\$	94,515	66%

# CONTRA COSTA COUNTY COMMUNITY SERVICES BUREAU EARLY HEAD START CC PARTNERSHIP #2 - AS OF FEBRUARY 2019 SEPTEMBER 2018 - AUGUST 2019 EXPENDITURES

DESCRIPTION	Υ	TD Actual	Total Budget	F	Remaining Budget	50% % YTD
a. PERSONNEL	\$	291,685	\$ 622,636	\$	330,951	47%
b. FRINGE BENEFITS		174,692	372,885		198,193	47%
c. TRAVEL		-	-		-	0%
d. EQUIPMENT		-	-		-	0%
e. SUPPLIES		19,378	56,000		36,623	35%
f. CONTRACTUAL		330,800	1,058,400		727,600	31%
g. CONSTRUCTION		-	-		-	0%
h. OTHER		598,302	1,388,659		790,357	43%
I. TOTAL DIRECT CHARGES	\$	1,414,857	\$ 3,498,580	\$	2,083,723	40%
j. INDIRECT COSTS		64,756	 131,714		66,958	49%
k. TOTAL-ALL BUDGET CATEGORIES	\$	1,479,613	\$ 3,630,294	\$	2,150,681	41%
In-Kind (Non-Federal Share)	\$	453,860	\$ 907,574	\$	453,713	50%

## COMMUNITY SERVICES BUREAU SUMMARY CREDIT CARD EXPENDITURE

#### VISA/U.S.BANK FEBRUARY 2019

Stat. Date	Card Account #	Amount	Program	Purpose/Description
02/22/19	xxxx8777	255.02	EHS T & TA	Books, Periodicals
02/22/19	xxxx8777	255.01	Head Start T & TA	Books, Periodicals
02/22/19	xxxx8777	229.91	EHS-Child Care Partnership #2	Books, Periodicals
02/22/19	xxxx8777	229.90	EHS Basis Grant	Books, Periodicals
0=/==/=0	7,0,0,0,7,7	\$ 969.84	2.10 2000 0.0.10	200.0, 1 0.100.00.0
02/22/19	xxxx1907	(785.00)	Indirect Admin Costs	Minor Furniture/Equipme
02/22/19	xxxx1907	1,423.95	EHS-Child Care Partnership #2	Minor Furniture/Equipme
		\$ 638.95		
02/22/19	xxxx0494	582.10	Child Nutrition Food Services	Food
		\$ 582.10		
02/22/40	0404	005.03	Child Notable on Food Complete	Clathia - O David and Count
02/22/19	xxxx0494	865.02	Child Nutrition Food Services	Clothing & Personal Suppl
		\$ 865.02		
02/22/19	xxxx4959	1 572 27	HS Basic Grant	Other Travel Employees
		1,572.27		· · ·
02/22/19	xxxx1907	554.00	CSD Liheap PGE Assistance	Other Travel Employees
02/22/19	xxxx8777	1,737.18	HS Basic Grant	Other Travel Employees
02/22/19	xxxx1416	1,643.60	EHS-Child Care Partnership #2	Other Travel Employees
02/22/19	xxxx2364	3,599.60	HS Basic Grant	Other Travel Employees
02/22/19	xxxx8798	416.56	Comm. Svc Block Grant	Other Travel Employees
02/22/19	xxxx3016	\$ <b>9,770.18</b>	Child Nutrition Food Services	Other Travel Employees
		φ 3,770.13		
02/22/19	xxxx4959	79.73	EHS-Child Care Partnership #2	Training & Registration
02/22/19	xxxx1907	50.00	CSD Liheap PGE Assistance	Training & Registration
02/22/19	xxxx1907	205.00	HS Basic Grant	Training & Registration
02/22/19	xxxx8777	125.00	HS Basic Grant	Training & Registration
02/22/19	xxxx1416	3,338.09	HS Basic Grant	Training & Registration
02/22/19	xxxx2364	92.64	HS Basic Grant	Training & Registration
02/22/19	xxxx0494	30.00	Child Nutrition Food Services	Training & Registration
02/22/19	xxxx3016	375.00	Child Nutrition Food Services	Training & Registration
02/22/19	xxxx3016	107.72	FACS Mental Health Program	Training & Registration
		\$ 4,403.18	5	
02/22/19	xxxx1907	1,395.15	HS Basic Grant	Other Special Dpmtal Exp
02/22/19	xxxx0494	4.85	Balboa Site Costs	Other Special Dpmtal Exp
02/22/19	xxxx0494	437.08	Child Nutrition Food Services	Other Special Dpmtal Exp
02/22/19	xxxx1899	3,893.29	Indirect Admin Costs	Other Special Dpmtal Exp
		\$ 5,730.37		
02/22/19	xxxx8777	2,135.08	HS Basic Grant	Misc Services/Supplies
02/22/19	xxxx2364	2,133.08	HS Basic Grant	Misc Services/Supplies
02/22/13	AAAA2304	\$ 2,254.83	113 DASIC GIAIIL	iviise sei vices/ supplies
		- <u> </u>		
	Total	25,214.47		

#### **CHILD NUTRITION FOOD SERVICES**

#### **CHILD and ADULT CARE FOOD PROGRAM MEALS SERVED - FY 2018-2019**

### February 2019



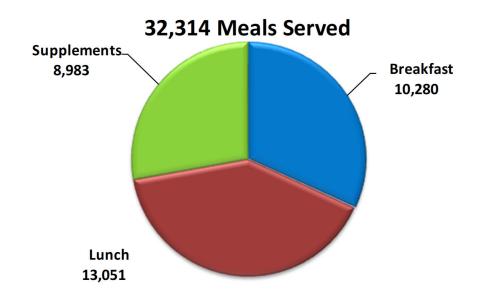


**19** Days Meals Served



687 Daily Participation







Location: 500 Ellinwood Way, Pleasant Hill, CA



TOPIC	RECOMMENDATION / SUMMARY
Review Desired	Veronica Gutierrez, Chair, called the meeting to order at 6:04 p.m.
Outcomes and Meeting Rules	Katie Cisco, Secretary, reviewed the desired outcomes and ground meeting rules.
Public Comment	None
Correspondence	None
Staff Recognition	The following staff were recognized for their excellent work with the children and the families:
	<ul> <li>Lisa Maloney, Eligibility Specialist at Martinez Early Childhood Center and Ronnysha Moore, Teacher Assistant Trainee at Contra Costa College Children Center were recognized for their dedication to the children and their families. They were unable to attend; their certificate and book will be sent to their site.</li> </ul>
	<ul> <li>Special thank you was given to CSB staff providing support during March 20, 2019 Policy Council meeting.</li> </ul>
Ice Breaker	Policy Council Representatives participated in an icebreaker group activity to open communication and build connections among members.
Administrative	Camilla Rand, Director, welcomed Policy Council representatives and acknowledged the new representatives in attendance, and presented
Reports	<ul> <li>administrative updates:</li> <li>CSB completed the Head Start Focus Area One Review. The week-long web-based review was a deep look at our management</li> </ul>
CSB Director	systems. The review was strength-based and allowed us to showcase our strengths: Growing our Own Programs, CLOUDS database,
Division Manager	Responsiveness to community needs, Monitoring systems, and Wellness initiatives. The series of interviews included all content
• Fiscal	managers, Policy Council Chair and a select group of senior managers who oversee key systems. Although we won't receive the report for 6 weeks, we know there were no areas of concern, the reviewer glowed about our program. Some of the comments she made during the final meeting included, "I have enjoyed this so much, I have been sad to get off the calls with your staff" and "this has been the ideal, perfect review experience".
	Katharine Mason, Division Manager, presented enrollment and attendance statistics for February:
	• Enrollment: 99.70% for Head Start, 102.55% for Early Head Start, 100% for Early Head Start Child Care Program Partnership #1, and 99.47% for Early Head Start Child Care Program Partnership #2.

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TOPIC	RECOMMENDATION / SUMMARY
	• Attendance: 79.05% for Head Start, 80.31% for Early Head Start, 88.07% for Early Head Start Child Care Program Partnership #1, and 80.51% for Early Head Start Child Care Program Partnership #2.
	Program updates:
	<ul> <li>Sites are preparing for Week of the Young Child the second week of April. Special activities are planned for each day during this special week. Senior Management staff will visit sites to join the celebration. Families are encouraged to join us to celebrate this special week.</li> </ul>
	<ul> <li>CSB staff participated on a professional development panel at the Region XI Conference. CSB highlighted our "Grow our Own" program.</li> </ul>
	<ul> <li>CSB staff, children and families celebrated Pride in Food Service Week Kitchen during the week of February 4<sup>th</sup> – 8<sup>th</sup>. CSB's Child Nutrition Unit was featured in the Employment and Human Services Department (EHSD) Newsletter. Child Nutrition Unit staff expressed appreciation of the variety of artwork and pictures, along with the kind and encouraging words that they received from CSB staff, children and parents.</li> </ul>
	<ul> <li>Comprehensive Services staff received Human Trafficking training. Resources and tips on how to identify families and individuals who may be experiencing human trafficking were shared as well as agencies that can provide support and assistance.</li> </ul>
	<ul> <li>CoCoKids held a Family Childcare Provider Night Out on February 15, 2019. Family Childcare Providers gathered together to learn, connect and problem solve.</li> </ul>
	<ul> <li>Magda Bedros, Assistant Director conducted a two-day CLASS training for Family Childcare Providers, Directors and Education Managers so they can conduct their own CLASS assessments.</li> </ul>
	<ul> <li>Imelda Prieto Martinez, Sr. Clerk was recently recognized as a Customer Service Champion in the Employment and Human Services Department (EHSD) Newsletter. She has a helping spirit in all aspects of her work and supports our Head Start Policy Council.</li> <li>CSB is currently facing challenges with a teaching staff shortage. For the first time in many years, teacher/child ratios are being affected and we've been forced to ask a few families to keep their children home. CSB is working diligently to resolve this issue to ensure children's services are not being affected.</li> </ul>
	<ul> <li>Children served with Disabilities: Early Head Start &amp; Head Start have met the 10% enrollment for children with disabilities, Early Head Start-Child Care Partnership is at 5.75% and Early Head Start-Child Care Partnership #2 is at 7.2%. Recruitment efforts are in full effect and a disability waiver was submitted to Region IX Office for programs that have not met the mandated 10% enrollment for children with disabilities.</li> </ul>
	Haydee Ilan, Accountant III and Nancy Santos, Fiscal Subcommittee member, presented the following fiscal reports:

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TOPIC	RECOMMENDATION / SUMMARY								
	<ul> <li>2018-2019 Head Start Program: January 2019 year to date cash expenditures were \$636,793 YTD, which represents 4% of the program budget.</li> </ul>								
	<ul> <li>2018-2019 Early Head Start Program: January 2019 year to date cash expenditures were \$30,053 YTD, which represents 1% of the program budget.</li> </ul>								
	<ul> <li>2018-2019 Early Head Start – CC Partnership: January 2019 year to date cash expenditures were \$639,249 YTD, which represents 57% of the program budget.</li> </ul>								
	<ul> <li>2018-2019 Early Head Start – CC Partnership #2: January 2019 year to date cash expenditures were \$1,208,699 YTD, which represents 33% of the program budget.</li> </ul>								
	<ul> <li>Credit Card expenditures for all programs, including Head Start and Early Head Start, for the month of January 2019 were \$11,044.42.</li> </ul>								
	<ul> <li>Child and Adult Care Food Program: January 2019 total meal served including breakfast, lunch, and supplements were 35,681.</li> </ul>								
	Haydee Ilan reviewed the No Cost Extension, CSB has excess funds and we've requested an extension to the Administration of Children and Families (ACF) to spend the funds on the following:								
	FRINGE BENEFIT \$ 36,250								
	Health Insurance - 11.64% negotiated increase in cost effective December 2018 <b>EQUIPMENT</b> Kitchen Equipment for the central Kitchen facility project								
	OTHER \$ 400,000								
	Facilities - roofing repairs, floor replacement, repainting, install PA system in								
	George Miller Concord, Balboa, and Los Nogales. 280,000								
	Health and Safety - replace and renovate playgrounds in George Miller Concord,  Los Arboles and Las Deltas  120,000								
	TOTAL NO COST EXTENSION \$820,000								
	Camilla Rand, Director, reviewed the CSB Central Kitchen Project. CSB has identified a county owned property to relocate our Central Kitchen. The facility is 10,000 square feet and located in West Contra Costa County at the current Veteran's Memorial Hall building. The location will allow CSB's food transporters to avoid the daily heavy, bumper to bumper traffic during morning commute hours when transporting the meals to the 15 child care centers.								

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TOPIC	RECOMMENDATION / SUMMARY								
	Estimated \$2.2 million pro  Source  Operational Funds  Program Improvement Grant  Grants/ Foundation support	Amount \$700,000-\$1,000,000 \$950,000 TBD							
	raise the additional mone  Draft Timeline  January – June, 2019  January – August, 201	B is working with the Employment and Human Services Department, Grant Division to help us identify foundation dollars and ose the additional money needed to fund the project.							
Action:  • Consider Approval of the Program Improvement Grant for Central Kitchen	and to comply with federal rating requirements.  A motion to approve the Program Improvement Grant for Central Kitchen was made by Andres Torres and seconded by Daisy Templeton.								
	Ayes	Nays	Abstentions	Not Present					
	Nancy Santos Curti	ica Barajas s Royster illa Proteau		Delphine Smith Cindy Chiem Susana Huizar					

Monica Avila Teresa Rodriguez

**Cindy Dolores** 

Dawn Miguel PC Minutes 3/20/2019

Sarah Dicken

MaryBeth Barbieri

Damaris Santiago

Miguel Gonzalez

Santos Rodriguez

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TOPIC	RECOMMENDATION / SUMMARY							
	Karla Lara	Lee Ross			Esperanza Ortega			
	Mariam Okesanya	Veronica Gutierrez			Tiffany Posey			
	Emma Duran	Katie Cisco						
	Daisy Templeton	Mayra Rodriguez						
Subcommittee Updates	•	<b>Fiscal</b> : Nancy Santos shared the information reviewed during their meeting to include: Fiscal reports from January, No Cost Extensions and Program Improvement was reviewed in depth.						
	<b>Program Services</b> : Katie Cisco shared the information reviewed during their meeting to include: 2018-22 Program Goals & Objectives 6-month review update of 5-year plan; Head Start/Early Head Start Governance and Leadership Capacity Screening; and goals to improve communication through technology. Input included the use CLOUDS or kiosk to have pop-up reminder such as: Early Close reminders, Making Parenting a Pleasure, etc.							
Report:			view of the Ser	ni-Annual Go	als & Objectives January updates			
<ul> <li>Semi-Annual Goals &amp; Objectives updates</li> </ul>	Goal 1: Through the use of multiple technologies, CSB will develop systems to enhance staff and client communication while coordinating program-wide approaches to effective data management and ensuring high quality service delivery.  January 2019 Updates:  CSB has acquired five self-service kiosk stations that are being refined to ensure they are user friendly  The interactive web portal is being enhanced to allow for electronic form submission  CSB's enrollment hotline has been converted to the Interactive Voice Response format  Goal 2: Due to an 84% increase in Early Head Start slots (from 311 to 573) in two years, CSB will enhance its Early Head Start programming through a multi-faceted approach.							
	<ul> <li>January 2019 Updates:         <ul> <li>The Program for Infant and Toddler Caregiving trainings for Early Head Start teaching staff are scheduled, these trainings support teachers with children's temperament through interactions and relationships</li> <li>Math related activities will be sent home to parents on a monthly basis</li> <li>The PlusOptix vision screening equipment has been purchased and screenings will begin in February</li> <li>Nutrition and oral health education will be shared by posting articles in the CSB Family Newsletter and trainings will be provided during parent committee meetings</li> </ul> </li> </ul>							
	<b>Goal 3:</b> CSB will implement a "Grow Our Own" approach to hiring, developing, and retaining a robust staff across all service areas that are responsive to the clients and intrinsically motivated to be the best they can be through a variety of supports and services.							
	January 2019 Updates:							
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TOPIC	RECOMMENDATION / SUMMARY					
	<ul> <li>Six people graduated in January in a Work Study Program and we have a total of 15 teacher assistants enrolled this spring</li> <li>We continue to lead wellness activities to increase staff retention and moral via our Staff Health Improvement Plan (SHIP)</li> </ul>					
	<b>Goal 4:</b> CSB will implement data-driven Parent, Family and Community Engagement (PFCE) services that embrace the PFCE framework and result in measurable impacts that achieve the mission of the organization.					
	<ul> <li>January 2019 Updates:</li> <li>The team is developing a 1-hour training for father/child participants with both individual and group activities</li> <li>3 directly operated staff and 2 staff from the partner unit have been trained on the Make Parenting A Pleasure (MPAP) Curriculum</li> <li>The Partner unit has scheduled trainings for the delegate agency</li> </ul>					
<ul><li>Presentation</li><li>Transition to Kindergarten</li></ul>	Ron Pipa, Education Manager, provided a school readiness presentation - <i>Transition to Kindergarten</i> .  Ron started the presentation by asking participants "what transition means" to them. Participants responses included: changing, switching staff, and/or classrooms. The change could be subtle. First time transitions in a child's life include when a new baby arrives in the family or when a child goes to preschool for the first time.					
	Ron asked participants what type of home activities they can do to extend education at home. Participants responded with: reading, watching Sesame Street, and coloring. Activities that help children learn song, develop social-emotional skills, increase small muscle development and reading are activities parents can do at home to help their children get ready for kindergarten. <i>Ready, Set, Go – Beginning Kindergarten Skills</i> handout identifying skills kindergarten teachers consider important was provided to the parents					
	Preparing for the transition to kindergarten will help your children by:  Increasing their self-confidence Supporting relation building with other children and adults Increasing their motivation and openness to new experiences					
	Social skills are the most important skills that your children need when entering kindergarten and will help them with:  Making friends Following directions and rules Listening to the teacher					
	Your home is a Learning Center handout was distributed. Parents were reminded that they are their child's first teacher and that there are many learning opportunities within the home to engage in with children.					

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TOPIC	RECOMMENDATION / SUMMARY
Presentation	Sophia Talbot, Nutritionist, provided a presentation on Obesity Trends in America and Rethinking Your Drink.
Obesity Trends in America and Rethinking Your Drink	Sophia started the presentation reviewing the definition of Obesity: Body Mass Index (BMI) of 30 or higher.  • BMI ≥30, or ~ 30 lbs. overweight for 5′ 4″ person Body Mass Index (BMI): A measure of an adult's weight in relation to his or her height.  Sophia showed a sample of what 5lbs body fat looks like.  Obesity data from 1985 to 2010 indicates that obesity level increase from less than 10% to more than 30% BMI

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TOPIC	RECOMMENDATION / SUMMARY					
	40 37.7 39.6 30 30.5 30.5 32.2 34.3 33.7 35.7 34.9 10 10 15.4 17.1 15.4 16.8 16.9 16.9 17.2 18.5					
	0 1999- 2001- 2003- 2005- 2007- 2009- 2011- 2013- 2015- 2000 2002 2004 2006 2008 2010 2012 2014 2016 Survey years					
	WIC conducted a study from 2010-2014 on 2-4 year olds, in which there was a decrease in BMI from 18.4% to 16.6% in a 4-year period.					
	Participants had a group activity to rethink your drink by calculating how much sugar is in a drink.  Calculation:  Grams of Sugar ÷ 4 = Teaspoons of Sugar  69 Grams ÷ 4 ≈ 17 Teaspoons					
	(Note: if the container has more than one serving, multiply the number of teaspoons by the number of servings to get the Total Teaspoons of sugar in the container. For example, 10 teaspoons x 2 servings = 20 teaspoons in total)					
	Participates engaged in an activity and calculated the amount of sugar contained in various drinks.					
Action:	The minutes of the February 20, 2019, Policy Council minutes were reviewed and no corrections were noted.					
<ul> <li>Consider         Approval of the         February 20,     </li> </ul>	A motion to approve the February 20, 2019, Policy Council minutes was made by Andres Torres and seconded by Lee Ross. The motion was approved.					

PC Minutes 3/20/2019



Location: 500 Ellinwood Way, Pleasant Hill, CA



TOPIC	RECOMMENDATION / SUMMARY					
2019 Policy	Ау	ves	Nays	Abstentions	Not Present	
Council Minutes	Andres Torres	Monica Barajas			Delphine Smith	
	Nancy Santos	Curtis Royster			Cindy Chiem	
	Nivette Moore-Mason	Priscilla Proteau			Susana Huizar	
	Damaris Santiago	Sarah Dicken			Monica Avila	
	Miguel Gonzalez	MaryBeth Barbieri			Teresa Rodriguez	
	Santos Rodriguez	Dawn Miguel			Cindy Dolores	
	Karla Lara	Lee Ross			Esperanza Ortega	
	Mariam Okesanya	Veronica Gutierrez			Tiffany Posey	
	Emma Duran	Katie Cisco				
Site Reports	Daisy Templeton	Mayra Rodriguez				
	<ul> <li>Ambrose:         <ul> <li>Site celebrated Dr. Seuss. Children participated in several activities to celebrate one of our best children's authors. Children had the opportunity to cook and eat "Green Eggs and Ham". Children also had the opportunity to explore live chickens in the garden.</li> <li>Teachers continue to clean and organize their classrooms to make the environment more inviting, pleasant and efficient.</li> <li>A break room for staff has been approved, teachers will soon have comfortable place to take their breaks.</li> <li>Parents have agreed to having a "Spring Cleaning" day at the center on April 13th.</li> <li>Ms. Lynda shared different ways families can take a break to take care of themselves. Ms. Martha shared the progress of the garden.</li> <li>Ms. Lizzette, Comprehensive Services Clerk, put together a wide selection of brochures with resources for families. They will be available upon request.</li> <li>Parents gave their input on how to celebrate the "Week of the Young Child".</li> <li>Parents also nominated Ms. Lynda as an excellent teacher.</li> </ul> </li> <li>George Miller Concord:         <ul> <li>Site received an unannounced visit Community Care Licensing visit and passed with flying colors.</li> <li>Ms. Carole shared information and discussed Child Abuse Prevention during our March 21st Parent Meeting.</li> </ul> </li> <li>Riverview         <ul> <li>The Quality Monitoring Unit conducted a Fidelity Monitoring- no corrective actions are needed.</li> <li>Positive responses from families were shared during 2nd Home Visits. Parent feedback to teachers validates their hard work.</li> <li>Spring Yard Cleaning: Children picking weeds, raking dead leaves and turning soil to prepare for seedling planting.</li> </ul> </li> </ul>					

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TOPIC	RECOMMENDATION / SUMMARY
	CSU East Bay Nursing Students continue to visit the center and conduct health activities.
	<ul> <li>Room 2 is now doing a Garden Project and planted their first (large) plant together. Children are taking care of their plant every day and planting seeds in jars to transfer to garden.</li> </ul>
	<ul> <li>Room 1AM is doing a Book Project. Visitors are coming to read stories to the children Ms. Cathy, Site Supervisor read "Wonky Donkey" and Ms. Lupita, CSAM read "The Napping House". The children are making books.</li> </ul>
	Room 1PM is doing a Car Project; finishing up their recycling study and using left over materials to make cars.
	Parent volunteered her time in Room 2 for hands on activities (painting, gluing, and cutting)
	<ul> <li>Ms. Cathy attended the Quality Matters Leadership Learning Community Seminar, Teaching Pyramid Leadership Team 2<sup>nd</sup> Cohort meeting, and Opportunity Junction (Job Fair) at Los Medanos to recruit teachers.</li> </ul>
	Crescent Park
	<ul> <li>Ms. Mayra Nieto, former Policy Council representative and current parent in room 1, reached out to Habitat Children's Museum to find out about preschool field trips. Crescent Park is looking into visiting in the near future.</li> </ul>
	• Dr. Seuss Birthday was a hit. Each classroom decorated their classroom doors as a Dr. Seuss book cover. The children walked around and judged each classroom door.
	<ul> <li>Wellness Champion Helen Bell, has been working with the Site Supervisor adding motivational quotes to the white board in the staff room weekly to inspire the teaching staff.</li> </ul>
	• Spring is upon us and the classrooms have begun to weed the flower beds and to plant seeds and plants that will attract butterflies to the butterfly garden.
	<ul> <li>A grandpa came to visit room 1 and showed the children how to plant avocados. The discovery area has a display of fresh avocados.</li> <li>Project Based Voucher Housing Opportunities have been posted to the Community Resources bulletin at the front entrance of the building.</li> </ul>
	Marsh Creek
	• Site celebrated Dr. Seuss birthday with fun activities every day of the week - parents participated and the children enjoyed every activity.
	Children had a field trip to the Recycling Center. Children had the opportunity to bring plastic bottles/cans to sell. The staff at the recycling center answered questions and showed the children how the recycling machine works.
	La Clinica discussed Mental Health Stigmas in the Latin Community during our parent meeting.
	Financial Fitness, family economic literacy classes will start next Friday.
Announcements	Ana Araujo, Comprehensive Services Manager for Parent, Family, Community Engagement, shared:
	• In-kind video for the month of March and encouraged Policy Council representatives to become more involve to build up in-kind, and also asked that representatives remind other site parents to become involved.
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TOPIC	RECOMMENDATION / SUMMARY					
	<ul> <li>Help us Grow with Head Start cards are now available, participants were encouraged to share them with the community.</li> <li>Make Parenting A Pleasure sessions are currently being held at GMIII, GMC, and Marsh Creek.</li> </ul>					
	<ul> <li>English as Second Language (ESL) spring classes start on March 21<sup>st</sup> at George Miller Concord</li> </ul>					
	<ul> <li>Financial Fitness sessions are currently being offered at Balboa and sessions at Marsh Creek will begin on March 29<sup>th</sup>.</li> </ul>					
	Statement of Economic Interests 700 forms were made available for representatives.  Contification was appropriate to a contribute of the form of					
	Certificates were presented to participants that attended the Facilitative Leadership training.					
Meeting Evaluation	Pluses / +	<u>Deltas / Δ</u>				
	Male participation	• None				
	New representatives					



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